

YOUTH EXCHANGE  
28/04 - 07/05  
LATVIA

# TREE HOUSE vol.2

A WEEK OF INTENSE CREATION





# WHO WE ARE

## ADVENTURE SPIRIT

An experiential education organization focused on outdoors and development within a group context. We want to drive social progress in the world through new and innovative projects, thus empowering youth adaptability to the ever changing circumstances.

TreeHouse vol.2 is a result of cooperation among Greek, Czech, Estonian, Polish and Latvian organizations meaning that it is only for the citizens of those countries.



# WHAT IS THIS



## TREEHOUSE CREATIVE PLENARY

A youth exchange in a nowhere in Latvia. A safe space for endless creation. A week of continuous development. A project where outdoors and media come together.

Creativity is a habit, and the best creativity is the result of good work habits. Be prepared for an intense combination of hard work and good fun, sharing and learning.





# TH BUILDING

The building of the TreeHouse is used as a learning method within a group context. Half of the day we will be spending 10 metres above the ground working on the TreeHouse platform.

# TH FILM

The group takes initiative to create a film about the project they have created to serve as a reminder of their growth. The other half-day will be spent documenting the building process and capturing emotions.

# TH FESTIVAL

We celebrate our success through a public TreeHouse festival up in the trees. Music, dancing, performances and workshops - we are the creators of our own experience!





IT'S  
FOR  
YOU

# DEAR

outdoor enthusiasts, photographers, film-makers, musicians, youth leaders, volunteers, event planners and others being up for TreeHouse building, exploring different media tools, sharing your skills and taking the learning further, aged 18-30





# THE PLACE

The training site of Adventure Spirit and its beautiful natural surroundings in a remote rural area. We will be living very close together in a shared space on the second floor of the house. All the cooking and cleaning will be done by ourselves. The training site has no alcohol and no drugs policy.





# TIME FRAME

We will start at 18.00 on April 28 with a welcome dinner in Riga, and the next morning we will go to Ķegums by train and on a couple of hours' hike to the venue "Rites". The departure day is May 7. From the venue you will be taken to the train station in Ķegums by organized transportation.





# WHAT TO BRING

- weather-friendly outdoor clothes that you can freely move in and are not afraid to damage on branches or resin
- sleeping bag (indoor mattresses will be there, so mat is optional)
- outdoor and indoor shoes
- towel and hygienic kit
- personal medicine
- passport, travel tickets, invoices
- you arrange your own insurance
- optional, but very welcome: camera and laptop for shooting and editing photos and films
- optional, but very welcome: music instruments





# COSTS AND FEES

Your travels will be reimbursed up to 360 EUR for Greece, 275 EUR for Czechs and Polish, and 180 EUR for Estonians after receiving all the travel documents. There is a contribution fee of 50 EUR to be paid upon registration.





# APPLY

Be the creator of your own adventure!  
Until January 30 fill in the application  
form here: [ej.uz/TH2apply](http://ej.uz/TH2apply)

The selection will be done by your  
national organization and approved by  
Adventure Spirit.





"  
CREATIVITY IS  
A COMBINATION  
OF DISCIPLINE  
AND A  
CHILDLIKE  
SPIRIT.  
"

*ROBERT GREENE*



# CONTACT US

Adventure Spirit, LV  
FB: Piedzivojuma Gars  
ye.treehouse@gmail.com

Synergy Flow, GR  
info.synergyflow@gmail.com

CAT, PL  
marlena@fundacja-cat.pl

DICE, CZ  
asociace.dice@gmail.com

Project Spirit, EST  
maremae.mariliis@gmail.com

